

Poetic Theater Productions



For Immediate Release

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Poetic Theater Productions and Timberline Knolls Present *faith* in Association with NORMAL on January 26th as Part of Poetic License: A Festival of New Poetic Theater

Poetic Theater Productions, a NYC theater company committed to developing works of new poetic theater, and [Timberline Knolls](#), a leading residential treatment center helping women and adolescent girls seeking lasting recovery from eating disorders, are thrilled to present a special one night engagement of Caroline Rothstein's solo play "faith" on January 26th, 2013 at 8PM at the Wild Project as part of Poetic License: Poetic Theater Productions' 2nd annual festival of new poetic theater. The performance will be followed by a Q&A discussion with qualified experts in the field of eating disorders, nutrition and mental health. "faith" had a sold-out limited engagement in April as part of Culture Project's Women Center Stage 2012 Festival, and received the 2012 Planet Connections Award for Outstanding Overall Production of a Solo Show. This powerful program is presented in collaboration with NORMAL In Schools (NORMAL), a national nonprofit that educates about eating disorders through an array of arts and mindfulness programs.

"faith" is writer and performer Caroline Rothstein's autobiographical account of her experience with and recovery from a decade-long eating disorder, following her gut-wrenching struggle to cope with the expectations and turmoil of coming of age. From feeling lost in the hallways of a suburban Chicago high school, to hallucinating on a bedroom floor in West Philadelphia, to giving advice to a stranger in a Manhattan deli, Rothstein empowers herself beyond self-doubt, letting go of shame, and embracing her inner core. In an interview with Stage Buzz about the show, Caroline wrote, "I have always been deeply honest and outspoken about my story as a means to promote awareness, prevention, and recovery with regards to eating disorders through advocacy, activism, and the arts. 'faith' is the largest and most comprehensive artistic work I have created to date that acts as a vehicle for awareness and change." In the show's uplifting and powerful narrative, the audience witnesses not only the challenges of self-empowerment, but the sheer redemption of which we are all capable when we embrace our ability to love and support ourselves by letting go of shame. "faith" is a highly artistic theatrical work meant not only to raise awareness of eating disorders but also to demonstrate the healing power of theater itself.

The presentation is suitable for children 14 and up, parental discretion advised.

[faith](#)

8PM on Saturday, January 26.

Written and performed by Caroline Rothstein.

Directed by Alex Mallory.

Lighting design by Brad Peterson, Sound design by Sean Hagerty, Stage Management by Sarah Livant.

Part of POETIC LICENSE, Poetic Theater Productions' 2nd annual festival of new poetic theater, featuring 15 shows and more than 75 artists. The festival runs Monday, January 21 – Sunday, January 27.

Wild Project - 195 E 3rd St (between Avenues A & B).

Tickets \$15

Tickets can be purchased through OvationTix by calling [212.352.3101](tel:212.352.3101) or online at www.poetictheater.com

The Box Office opens one hour prior to curtain.

Caroline Rothstein (Writer and Performer) is a New York City-based writer, performer, and eating disorder recovery advocate. She hosts the YouTube series “Body Empowerment,” sits on the Board of Directors for the NORMAL nonprofit organization, and has been a Resource Person for ANAD since 2000. She was a member of the 2010 Nuyorican Poets Cafe slam team, which placed second at the 2010 National Poetry Slam. Her award-winning one-woman play “faith” debuted as part of the Culture Project’s Women Center Stage 2012 Festival. Her writing has appeared in The Huffington Post, xoJane, and Narratively amongst other publications. She has a B.A. from the University of Pennsylvania and an M.S. from Columbia University’s Graduate School of Journalism.

Alex Mallory (Director) is Co-Artistic Director of Poetic Theater Productions with whom she has directed the award-winning productions of *Goliath* by Takeo Rivera and *faith* by Caroline Rothstein. She has developed work at Lark Play Development Center, Culture Project, Primary Stages, Atlantic Stage II, New Georges, NYU, the Samuel French Off Broadway Short Play Festival, and the Bay Area Playwrights Festival and currently works at Culture Project. Alex is a graduate of Stanford University, where she received the Louis Sudler Prize in Creative Arts and the Sherifa Omade Edogo Prize for work involving social issues. Associate Member of SDC, Directors Lab Chicago alum.

Poetic Theater Productions, led by Co-Artistic Directors Jeremy Karafin and Alex Mallory, seeks to define the modern genre of “poetic theater” by connecting and fostering a community of artists who are passionately creating relevant and accessible work and reinvigorating a conscious theater of language. Through a multi-runged platform of developmental programming, Poetic Theater Productions offers resources and opportunities for poets, playwrights, and theater artists to develop new work and see it through to production. PTP seeks out and creates opportunities to connect with communities affected by the issues of topic within our productions, in NYC and nationwide, through collaborative projects and exchanges of art and ideas. www.poetictheater.com

NORMAL is a national nonprofit that educates about eating disorders, body image and self-esteem through arts and mindfulness programs. We connect the leading scientists with award-winning artists to develop evidence-based educational programming that are measured in collaboration with Harvard School of Public Health. <http://www.normal-life.org>

Timberline Knolls is a leading private residential treatment center for women and adolescent girls (ages 12 – 65+) with eating disorders, substance abuse, trauma, mood and co-occurring disorders. Located in suburban Chicago, residents receive excellent clinical care from a highly trained professional staff on a picturesque 43-acre wooded campus. Women and families seeking Christian treatment can opt for specialized Christian-based therapy. For more information on Timberline Knolls Residential Treatment Center, call us at 877.257.9611 or visit www.timberlineknolls.com.

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